

AD-A131 040

PROCESSING COST REDUCTION PROGRAM FREEZE DRIED FOODS
(U) ARMED FORCES FOOD SCIENCE ESTABLISHMENT SCOTTSDALE
(AUSTRALIA) K D HOEY MAR 83 AFFSE-1/83

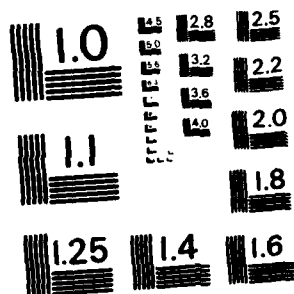
1/1

UNCLASSIFIED

F/G 14/1

NL

END
DATE
FORMED
9 83
DT#



MICROCOPY RESOLUTION TEST CHART
NATIONAL BUREAU OF STANDARDS - 963 - A

UNCLASSIFIED



AFFSE REPORT 1/83

AR 003-271

ADA131040



Department of Defence
Defence Science and Technology Organisation
Armed Forces Food Science Establishment
Scottsdale, Tasmania

AFFSE REPORT 1/83

Processing Cost Reduction Program Freeze Dried Foods [U]

K. D. HOEY

© COMMONWEALTH OF AUSTRALIA, 1983



Approved for Public Release

DTIC
ELECTE
AUG 4 1983
S D
D

DTIC FILE COPY

March, 1983

88 08 3 . 092

UNCLASSIFIED



DEPARTMENT OF DEFENCE
ARMED FORCES FOOD SCIENCE ESTABLISHMENT

AFFSE REPORT 1/83

Accession For	
NTIS GRA&I	<input checked="" type="checkbox"/>
DTIC TAB	<input type="checkbox"/>
Unannounced	<input type="checkbox"/>
Justification	
By _____	
Distribution/ _____	
Availability Codes _____	
Dist	Avail and/or Special
A	

PROCESSING COST REDUCTION PROGRAM
FREEZE DRIED FOODS (U)

K. D. HOEY

ABSTRACT

The processing cost of freeze dried meals produced at AFFSE was reduced by an average of 31% over the period 1974 to 1979. The cost reduction was achieved by increasing the throughput rate of the freeze drying plant by an average of 45%.

It is concluded that further cost reductions could be achieved by formulation changes and by the use of lower cost, but not lower quality, ingredients. (U)

Approved for Public Release

© COMMONWEALTH OF AUSTRALIA, 1983.

POSTAL ADDRESS: The Officer-in-Charge
Armed Forces Food Science Establishment
P.O. Box 147
SCOTTSDALE Tasmania 7254

UNCLASSIFIED

DOCUMENT CONTROL DATA SHEET

UNCLAS

1. DOCUMENT NUMBERS

a. AR Number: 003-271

b. Document Series and Number:-

c. Report Number: AFFSE Report 1/83

2. SECURITY CLASSIFICATION

a. Complete document:

Unclas

b. Title in isolation:

Unclas

c. Summary in isolation:

Unclas

3. TITLE: PROCESSING COST REDUCTION PROGRAM FREEZE DRIED FOODS

4. PERSONAL AUTHORS:

K. D. HOEY

5. DOCUMENT DATE:

March 1983

6. TYPE OF REPORT AND PERIOD COVERED:

Technical Report 1974-79

7. CORPORATE AUTHOR:

Armed Forces Food Science
Establishment,
Scottsdale, Tasmania, Aust.

8. REFERENCE NUMBERS:

a. Task: 81/105

b. Sponsoring Agency: DOD (Army)

9. COST CODE: 263

10. IMPRINT:

AFFSE — P.O. Box 147, SCOTTSDALE,
Tasmania, Australia.

11. COMPUTER PROGRAM:

12. RELEASE LIMITATIONS:

Approved for Public Release

12-0 OVERSEAS:

NO ☐ PR ☒ 1 A ☐ B ☐ C ☐ D ☐ E ☐

13. ANNOUNCEMENT LIMITATIONS: — No Limitations

14. DESCRIPTORS:

Freeze Drying
Costs
Rations

15. COSATI CODES

0608-0204

16. SUMMARY:

An experimental program initiated in 1974 to reduce the processing costs of freeze dried meals being produced at the AFFSE for the Australian Army is described

The processing cost of freeze dried meals produced at the AFFSE over the period 1974 to 1979, was reduced by an average of 31%. The throughput rate was increased by an average of 45% over the same period.

It is concluded that further cost reductions could be achieved by formulation changes and by the use of lower cost, but not lower quality ingredients (U)

CONTENTS

	Page No.
Introduction	1
Background	2
Materials and Methods	3
Results and Discussion	5
Conclusions	6
References	7
Appendix 1 Representation of Food Being Freeze Dried	8
Appendix 2 Freeze Drying Temperature and Moisture Content Profiles	9
Appendix 3 Thermal Conductivity and Diffusion Coefficient of Freeze Dried Turkey versus Pressure	10
Appendix 4 Typical Cyclic Conditions for Freeze Dried Meals (1974)	11
Appendix 5 Typical Layout Batch Type Freeze Drying Chamber	12
Appendix 6 Typical Taste Panel Acceptability Ratings of Freeze Dried Meals Following Storage at 30°C	13
Appendix 7 Typical Acceptability Rating Sheet Used for Rating Freeze Dried Meals	14
Appendix 8 Typical Freeze Dried Meal Production Preparation Procedure Sheet	15
Appendix 9 Typical Freeze Drying Processing Conditions and Performance Data 1974, 1977, 1979	16
Appendix 10 Chemical and Microbiological Analysis of Freeze Dried Meals —Pouch Samples, 1979	17
Appendix 11 Comparison of Average Dry Product Yield per Batch — Freeze Dried Meals 1974, 1977, 1979	18
Appendix 12 Typical Freeze Dryer Operating Cost per Batch 1979 (at 1981 Costs)	19
Appendix 13 Processing and Material Costs for Freeze Dried Meals	19
Appendix 14 Field Evaluation of Acceptability for Australian Ration Packs 1974 -1977	20
Appendix 15 Processing Costs for Freeze Dried Meals 1974, 1977, and 1979 (at 1981 Costs) ¢/Pouch	21
Distribution List	23

PROCESSING COST REDUCTION PROGRAM FREEZE DRIED FOODS

INTRODUCTION

The Armed Forces Food Science Establishment (AFFSE) has been involved in the development of freeze dried meals for use in Army rations since the early 1960's.

In 1972 a freeze drying plant was commissioned at AFFSE. The plant was installed to:

- further develop freeze dried foods for use in Australian Army Patrol Ration packs;
- provide dried foods for the training requirements of the Australian Army; and
- provide operating data for use by the Australian food industry in times of mobilization.

Although freeze dried meals produced on the pilot plant at AFFSE were acceptable for Army training requirements, cost remained high. Therefore, in 1974 the AFFSE initiated a research project to try to reduce the processing costs of freeze dried meals being produced at AFFSE for the Australian Army.

Concurrently attempts were made to increase the range of freeze dried meals and to improve acceptability.

As an initial approach the effects on processing costs of the following variables were examined:

- heating plate temperature profile
- vacuum chamber pressure
- vacuum break condition
- product moisture level
- tray loading density
- wet material solids concentration.

This paper reports the effect on throughput rates and processing cost of the research program.

BACKGROUND

USER REQUIREMENTS:

The design, development and procurement of freeze dried foods for use in Australian Army Patrol Ration One Man (PRIM) pack is dictated by a number of Army documents including Army Equipment Planning Summary (AEPS) No. 69 — Operational Rations, and Army Staff Requirement (ASR) 69 1 — Operational Rations. These documents require that freeze dried meals for the PRIM pack should be:

- nutritionally adequate
- highly acceptable and satisfying
- varied
- simple to prepare; and
- readily digestible.

Furthermore, service requirements dictate that the meals should be:

- as compact and as light as is consistent with other essential characteristics.
- produced as economically as possible.
- packaged so that the contents are protected against exposure to the environment, and
- have a preparation time of approximately 5 minutes

The meal must have a storage life of at least one year under tropical conditions, and at least two years under temperate conditions

THE FREEZE DRYING PROCESS:

Freeze drying is the process of removing ice from a frozen food by applying heat under low water vapour pressure so that the ice sublimates. For this it is necessary to reduce the water vapour pressure to below the triple point value (4.58 torr). Heat is applied to the food either by conduction or by radiation. Appendix 1 is a simplified representation of food being freeze dried. It consists of a frozen core with a dry layer around it.

The water is initially sublimed from the surface of the food with the ice core receding as the drying continues. The frozen core is maintained at sub-zero temperatures (below melting point, — 10°C to -20°C) throughout the drying process. The temperature of the dried layer is maintained at a low temperature to reduce organoleptic deterioration. Although radiation temperatures of approximately 150°C are common in freeze drying, the dried food layer is cooled by the low temperature water vapour subliming from the ice interface. It is usually maintained below 50°C (Appendix 2)

The chamber pressure is generally maintained below 1 torr absolute pressure which is consistent with maintaining the frozen core of the food. Because the water in the food remains in a frozen state until sublimation, there is no shrinkage of the food during the process

Freeze drying is capital and energy expensive. Because the capital equipment cost per unit of dry product output is high, a considerable amount of development effort has been devoted to ways of increasing the freeze drying rate (a 10 to 14mm thick slab of casserole type meal can take 6 to 7 hours to freeze dry to less than 2% moisture)

The freeze drying rate is determined by the rate at which energy (heat) is supplied to the frozen

ice core and the rate at which water vapour is removed from the ice interface. In general terms:

$$\text{Energy (Sublimation) Rate} \propto \frac{K \Delta t}{d}$$

Where K = thermal conductivity of dried layer
 Δt = temperature difference surface of food and ice interface
d = thickness of dried layer

$$\text{Diffusion Rate} \propto \frac{D \Delta p}{d}$$

Where D = diffusion coefficient
 Δp = pressure difference vapour at ice interface and surface of food
d = thickness of dried layer

During freeze drying the sublimation rate and diffusion rate are in equilibrium. The heat transfer rate and the water removal rate must be increased simultaneously if drying time is to be reduced. Reduction of food thickness (d) represents the easiest approach of increasing drying rate. In some instances this is limited by ingredient size.

The heat stability is largely dictated by the temperature tolerance characteristics of the food. Furthermore, the pressure difference (Δp) is influenced by the melting characteristics. Therefore changes to the thermal conductivity and the diffusion coefficient are necessary to achieve an increased freeze drying rate.

Since the thermal conductivity increases with pressure (appendix 3) the sublimation rate can be increased by raising the drying chamber pressure. However, since the resistance to water vapour removal increases at higher pressure, the diffusion rate will decrease and a pressure may be reached which causes melting. Thus the heat transfer rate will limit the overall rate of freeze drying at low pressures, and the diffusion rate at higher pressures.

An alternative method of trying to reduce the freeze drying time has been proposed by Mellor (1967). This method involves cycling the chamber pressure to try to separately optimise the sublimation rate and the diffusion rate whilst maintaining the ice interface below the melting temperature.

The cyclic pressure process involves alternately cycling the vacuum chamber pressure between a "high" pressure usually for 1 to 1 minute to increase the heat transfer rate, and a "low" pressure usually for 3 to 4 minutes to increase the water removal rate. A hydrodynamic flow can be produced when the external vacuum pressure is suddenly reduced in the chamber, thus aiding water removal (Appendix 4).

Although the cyclic process can reduce freeze drying time for some food products where the heat input rate is limited by the use of a low chamber pressure operation, it is probably inferior to a near optimal constant pressure process (Litchfield, Liapis & Farhadpour, 1981).

MATERIALS AND METHODS

FREEZE DRYING PLANT:

The freeze drying operation is undertaken at the AFFSE in a pilot scale freeze drying plant which was manufactured in Australia by James Budge Pty Ltd. It was commissioned at AFFSE in 1972 (Appendix 5). The plant is a batch type freeze dryer with radiant heating plates. A heat transfer fluid is used as the heating and cooling source. The temperature can be controlled in the range 20 °C to

150°C \pm 2°C. The plate heating area is 23 m². A two stage mechanical evacuation system comprising a roots type blower booster pump and a rotary valve pump is capable of achieving a vacuum of 0.1 torr within 5 minutes in the vacuum chamber.

A 23 m² refrigerated condenser is located in the vacuum chamber to condense water vapour. The refrigeration system is capable of maintaining a temperature of -40°C at the condenser at a chamber pressure of 1 torr at a freeze drying rate of 60 kg/hr of water.

Food is loaded on to black anodised aluminium freeze drying trays which are transferred from a blast freezer to the vacuum chamber on carrier trolleys. The trays interleave between the heating plates in the vacuum chamber. Each tray is 870 long x 420 wide x 16 mm deep (0.37 m² area) and there are 64 trays on the carrier trolley. The vacuum chamber is 1.54 m in diameter and 3.66 m long.

Thermocouples connected to a 12 point temperature recorder, and a pirani type vacuum recorder are used to monitor the process. The heating plate temperature profile and the vacuum chamber pressure can be controlled automatically using preset programs. The freeze drying plant is capable of processing approximately 250 kg of wet material in an 8 hour shift to a product moisture content of less than 2%.

FREEZE DRIED MEALS:

There are six freeze dried meal varieties used in the PRIM packs. The average mass of each of the packs is 850g, and the bulk is 5.4L (190 x 150 x 190). Each pack contains two freeze dried meals weighing 110g each. The meals are vacuum packed (30 torr absolute) in flexible laminate pouches (polyester/polyethylene/foil/polyethylene) and can be reconstituted inside the pouch if required using 350 mL of water.

Precooked ready-to-eat casserole type meals containing large proportions of identifiable cuts of various types of meat have been shown by field surveys as being the most acceptable to the Australian Servicemen. In designing the product formulation, careful consideration is given to:

- (1) the quality of the raw materials — a high percentage of fat inhibits complete rehydration of meat and is liable to rancidity.
- (2) selection of ingredients — foods with high soluble solids content are generally more difficult to freeze dry; and
- (3) cooking method — tenderness of cooked freeze dried meat is significantly affected by the cooking method (Driver & Venkata Raman, 1977).

The six meal varieties currently used (1983) in the PRIM packs are:

Lamb and Vegetable Curry	Ration Pack
Beef and Green Beans	Menu A
Beef and Onions	Ration Pack
Roast Pork and Gravy	Menu B
Spaghetti and Meat Sauce	Ration Pack
Savoury Steak Fingers	Menu C

Each of the six meals has a taste panel rating of at least 6 for acceptability (9 point Hedonic Scale, Appendix 6) which corresponds to a "like slightly" rating in descriptive terms (Appendix 7).

METHOD:

All of the freeze dried meals are prepared at AFFSE from fresh or frozen raw materials using standard operation procedures (Appendix 8).

The raw materials and freeze dried products are required to meet the Australian Defence Forces

Food Specifications (ADFFS) and in-house standards. The cooked meals are spread onto freeze drying trays, frozen in a blast freezer to -25°C and stored overnight, prior to the freeze drying operation.

Previous experience on a laboratory size freeze drying plant had shown that for each meal variety:

- (1) the product surface temperature should be maintained below 50°C to prevent excessive heating; and
- (2) the frozen core or deep material temperature should be maintained at less than -10°C to prevent melting.

Typical heating plate temperature profiles and vacuum chamber pressure profiles for each of the meals are listed in Appendix 9. A drying time of no greater than 8 hours was dictated by normal shift requirements.

The product surface temperature and deep core temperatures were monitored by use of thermocouple probes. The result of in-house taste panel assessments on the freshly dried product was used to monitor product acceptability. The acceptability of the freeze dried meals was to be maintained or improved as the meals were to be used during Army training.

All the raw materials were routinely inspected for conformity to ADFFS

Each batch of freeze dried meals was routinely tested to meet microbiological standards for standard plate count, coliforms, **E. Coli**, **Salmonellae**, staphylococci, and yeasts and moulds. Moisture content was determined on a representative sample of each batch of freeze dried meal. Analyses for moisture, fat, ash, protein, salt, ascorbic acid, and thiamin were conducted on composite samples from each meal (Appendix 10).

Acceptability was determined on the freshly prepared and stored product by a semi-trained in-house taste panel (Appendix 6).

Acceptability to Army users was also undertaken on some meals (Appendix 14)

RESULTS AND DISCUSSION

The dry solids throughput rates for freeze dried meals were increased by an average of 45% in the period 1974 to 1979 (Appendix 11). The improvement in throughput rates was achieved by

- reformulation changes which produced meals that had relatively higher solids concentrations.
- structures that freeze dried more rapidly; and
- the use of higher average heating temperature profiles.

The average wet/dry ratios were reduced from 3.91 in 1974 to 3.34 in 1979, an average improvement in solids concentration of 18%. The more concentrated meals had increased thermal conductivities in the dry layer. It is this layer which limits the heat penetration from the heating plates to the cold ice front. The depression in the freezing and melting points of the products due to the increased solids concentrations was not a limiting factor. However, as the solids concentration increased, the wet materials became more difficult to spread uniformly on to the freeze drying trays. Uniformity of material thickness is important to ensure uniform drying. The increased thermal conductivity facilitated the use of increased tray loading densities and higher average heating temperature profiles.

The tray loading densities were progressively increased from an average of 9.6 kg/m^2 in 1974 to

11.2 kg/m² in 1979, an increase of 17% (Appendix 9). The loading densities for all the products except pork were approaching an optimal level. The loading density for pork was dictated by slice thickness. The tray loadings were not limited by the dimensions of the equipment.

The maximum initial heating plate temperature was progressively increased from 100°C in 1974 to 150°C in 1979 (Appendix 9). Further increases in temperature are limited by steam pressure. Furthermore trials on a small laboratory freeze dryer at the AFFSE have indicated that improvements to throughput rates by using higher initial heating plate temperatures are only marginal. A temperature of 170°C could not be maintained for more than 2 hours if heat damage to the surface of the product was to be avoided. There was little improvement to the throughput rate using the higher initial temperature, and an increased risk of scorching the surface of the product.

Very little improvement in drying rates was achieved by using cyclic freeze drying methods on the meals being dried at AFFSE. As the risk of thawing of foods is increased when using this method, further development of the technique was referred to laboratory trials.

Drying times were slightly reduced by increasing the final moisture content from less than 2%, to 3%. The higher moisture level did not seem to adversely affect the product quality nor storage stability. The overall acceptability of each of the meals was maintained throughout the program.

No differences in acceptability were detected between products where the vacuum in the freeze drying chamber was equalised with either air or nitrogen.

The processing costs of freeze dried meals were reduced by an average of 31% in the period 1974 to 1979 (Appendix 15). These reductions were due to the increased dry solids throughput rates. Processing costs are inversely proportional to the dry solids throughput rate. The largest cost reduction of 38% was achieved for Savoury Steak Fingers. The lowest cost reduction achieved was 21% for Beef and Onions. As there is considerable difference in the dry solids throughput rates between the different freeze dried meals, there is further scope for reducing processing costs by reformulation. Also as raw material costs are the major cost component of freeze dried meals, reformulation of meals using lower cost ingredients on a dry solids basis, or complete replacement of meals would seem to offer considerable potential for achieving additional cost reductions (Appendix 13). Major reformulation changes were not undertaken as part of the experimental program because of the need for all freeze dried products to meet specification requirements.

CONCLUSIONS

The processing costs of freeze dried meals produced at AFFSE for the Australian Army were significantly reduced in the period 1974 to 1979 by increasing the dry solids throughput rate of all meals dried in the Budge freeze drying plant at AFFSE.

Based on in-house taste panel assessments and some field trials, the acceptability of each of the meals was maintained.

There would appear to be potential for further reduction in the cost of freeze dried meals produced at the Establishment by formulation changes and particularly the use of lower cost (but not lower quality) ingredients.

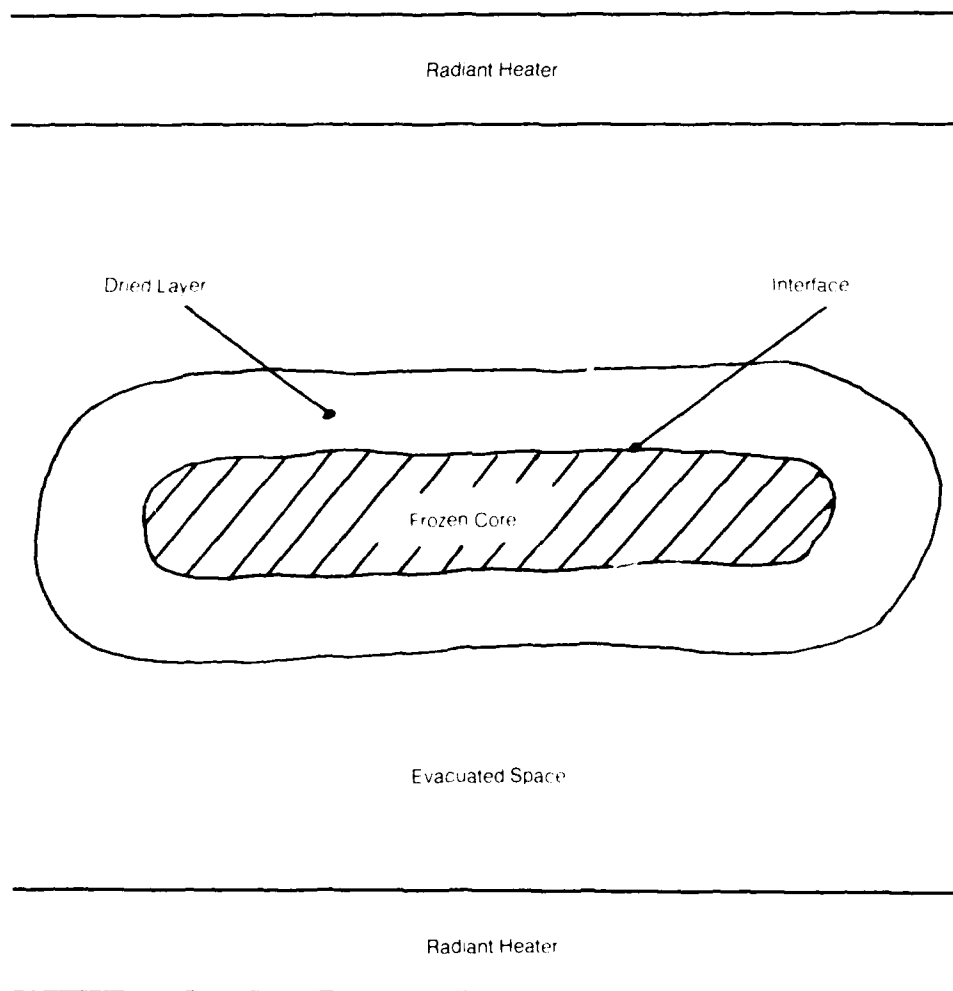
Because there is a desire to improve the acceptability of freeze dried meals, there is a need to continue product development and to obtain regular field evaluations to provide current information on consumer preference and service suitability and needs.

REFERENCES

- Australian Army 'Army Equipment Planning Summary (AEPS) No 69 — Operational Rations DG LOG 899/1/69'.
- Australian Army 'Army Staff Requirement (ASR) No 69.1 — Operational Rations'.
- Department of Primary Industry (1979) 'Australian Defence Forces Food Specifications' (A.G.P.S. Canberra).
- Badcock, W. E. (1972) 'Consumer Acceptance of Freeze Dried Meals' AFFSE Report No 4/72.
- Badcock, W. E. & Lichtenstein, D. J. (1978) 'Field Evaluation of Australian Rations Packs' AFFSE Report No. 4/78.
- Driver, G. E. & Venkata Raman, S. (1976) 'Effects of Processing Conditions and Additives on the Texture of Stored Freeze Dried Beef' *Journal of Food Science* 41, 743-747.
- Lichtenstein, D. J. & Venkata-Raman, S. (1979) 'Patrol Ration (One Man) New Prototype Trialied at Exercise Emu 2' AFFSE Report No. 1/79.
- Litchfield, F. J., Laipis, A. I. & Farhadpour (1981) 'Cycled Pressure and Near-optimal Pressure Policies for a Freeze Dryer' *Journal Food Technology*, 16, 637-646.
- Mellor, J. D. (1967). U.S. Patent 3, 352, 024.
- Middlehurst, J. (1973) 'Cyclic Freeze Drying' AFFSE Report No. 2/73.
- Venkata-Raman, S., Hoey, K., & Richards, R. J. (1978) 'Effects of Processing Parameters on Long Term Storage of Composite Meals' CDSO Food Study Group Conference.

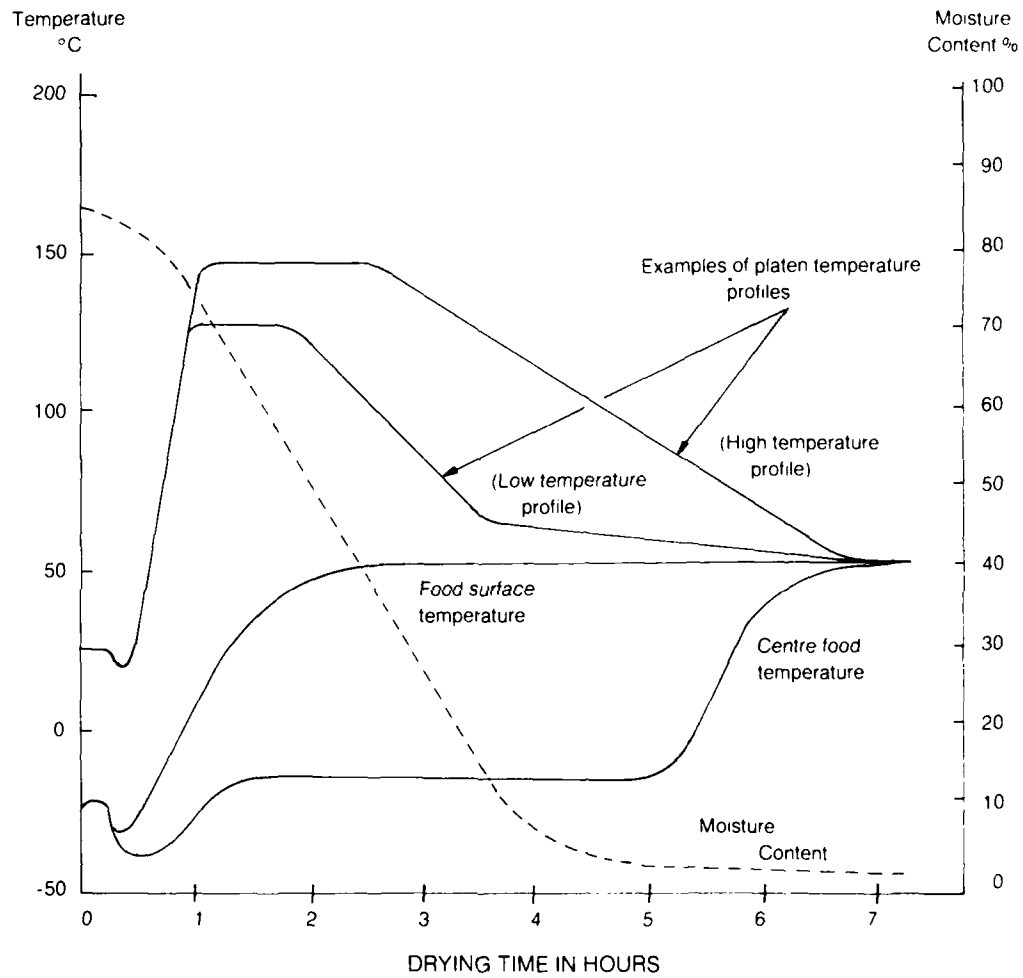
APPENDIX 1

REPRESENTATION OF FOOD BEING FREEZE DRIED



APPENDIX 2

FREEZE DRYING TEMPERATURE AND MOISTURE CONTENT PROFILES



THERMAL CONDUCTIVITY AND DIFFUSION COEFFICIENT OF FREEZE DRIED TURKEY VERSUS PRESSURE

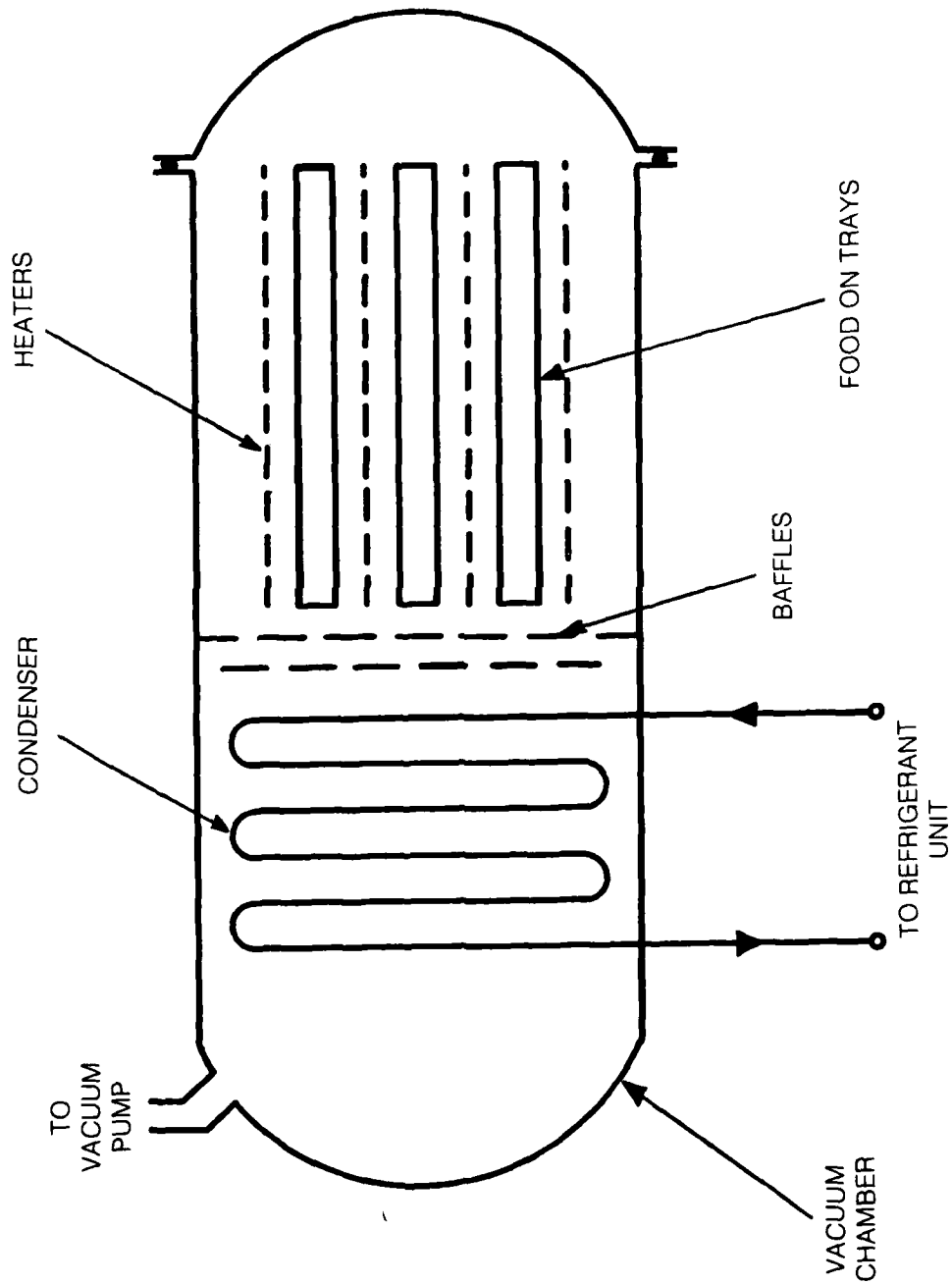


APPENDIX 4
TYPICAL CYCLIC CONDITIONS FOR FREEZE DRIED MEALS (1974)

MEAL	HIGH PRESSURE	LOW PRESSURE	TOTAL CYCLE TIME HOURS	TOTAL DRYING TIME HOURS
Beef and Green Beans	15mm for 1 min.	0.5mm for 3 mins	5	7 1/2
Lamb & Vegetable Curry	22mm for 1 min	0.5mm for 3 mins	4	7 1/2
Savory Steak Fingers	7mm for 1 min	0.5mm for 3 mins	6 1/2	6 1/2
Beef and Onions	7mm for 1 min	0.5mm for 3 mins	6 1/2	7 1/2
	22mm for 1 min	0.5mm for 3 mins	6 1/2	7
Roast Pork and Gravy	15mm for 1 min	0.5mm for 3 mins	3 1/2	7 1/2
	50mm for 1 min	0.5mm for 3 mins	6 1/2	7 1/2

APPENDIX 5

TYPICAL LAYOUT BATCH TYPE FREEZE DRYING CHAMBER



APPENDIX 6
TYPICAL TASTE PANEL ACCEPTABILITY RATINGS — FRESHLY COOKED MEALS,
AND FREEZE DRIED MEALS FOLLOWING STORAGE AT 30°C
(1979)

MEAL	FRESHLY COOKED MEALS			OVERALL	FREEZE DRIED MEALS			
	APPEARANCE	TEXTURE	FLAVOUR		OVERALL ACCEPTABILITY			
					0*	6 months	12 months	24 months
Beef and Onions	6	7	7	6	6	6	6	6
Savoury Steak Fingers	7	7	6	6	6	6	6	6
Beef and Green Beans	7	8	8	8	6	6	6	6
Lamb and Vegetable Curry	7	6	7	7	6	6	6	6
Roast Pork and Gravy	7	7	7	7	6	6	6	6

* Product rated within 2 days of freeze drying
Acceptability score based on 9 point Hedonic Scale

APPENDIX 7
TYPICAL ACCEPTABILITY RATING SHEET
USED FOR RATING FREEZE DRIED MEALS

HEDONIC RATING SCALE
(9 point)

NAME **DATE** **TIME**

PRODUCT

This product is to be rated for APPEARANCE, TEXTURE, FLAVOUR (TASTE AND AROMA) and OVERALL (GENERAL) ACCEPTABILITY. Please place a tick against what you consider to be a suitable rating. Any other comments should be given in the space provided.

RATING		APPEARANCE						TEXTURE					
		1	2	3	4	5	6	1	2	3	4	5	6
Excellent	9												
Very Good	8												
Good	7												
Fair	6												
Neutral	5												
Rather Poor	4												
Poor	3												
Very Poor	2												
Extremely Poor	1												
Any Additional Comments													

		FLAVOUR						OVERALL ACCEPTABILITY					
		1	2	3	4	5	6	1	2	3	4	5	6
Like Extremely	9												
Like Very Much	8												
Like Moderately	7												
Like Slightly	6												
Neither Like Nor Dislike	5												
Dislike Slightly	4												
Dislike Moderately	3												
Dislike Very Much	2												
Dislike Extremely	1												
Any Additional Comments													
Do you normally like this product?													

APPENDIX 8
TYPICAL FREEZE DRIED MEAL PRODUCTION PREPARATION PROCEDURE SHEET
 BEEF & ONIONS 1979

INGREDIENTS	WEIGHT	METHOD
BEEF	90 kg	PRE HEAT OIL
OIL	480 mL	SEAL MEAT 1/2 HOUR
WATER	39.6 L	ADD WATER SIMMER 1/2 HOUR
ONIONS DEHYDRATED	4.8 kg	SOAK ONIONS FOR 1/2 HOUR
WATER	5 L	ADD STAGE 1 SIMMER 1/2 HOUR
GRAVOX	1.85 kg	BLEND FLOUR & 4 L OF WATER ON MIXING
FLOUR	1.85 kg	MACHINE. ADD TO STAGE 3 AND MIX WELL
BEEF BOOSTER	0.93 kg	PLACE IN BELL STIR SIMMER FOR 10 MINUTES
CLEAR JEL	1.85 kg	
SALT	0.46 kg	
PEPPER	0.039 kg	
PARISIENNE ESSENCE	335 mL	
WATER	10 L	

APPENDIX 9
TYPICAL FREEZE DRYING PROCESSING CONDITIONS AND PERFORMANCE DATA
1974, 1977, 1979

HEATING PLATE TEMPERATURE PROFILE °C x HR	DRYING TIME hr	CHAMBER PRESSURE torr	VACUUM BREAK	AVERAGE TRAYS PER RUN	LOADING DENSITY kg/m ³	AVERAGE WET LOAD kg	AVERAGE DRY PRODUCT kg	AVERAGE WET/DRY RATIO	MOISTURE %	BATCHES
BEEF AND GREEN BEANS										
1974 100 x 4/4 to 50	8	0.5	NIT*	63	8.4	194	43	4.56	1.1	23
1977 120 x 4 1/3 to 50	7 1/2	0.5	AIR	63	11.5	270	56	4.80	1.9	7
1979 150 x 3 1/3 1/2 to 60	7 1/4	1.0	AIR	62	11.9	272	65	4.18	1.1	33
LAMB & VEGETABLE CURRY										
1974 100 x 4 1/3 1/2 to 50	7 1/4	0.5	NIT	58	10.6	228	61	3.70	1.7	15
1977 120 x 3 1/3 1/2 to 50	7	0.5	AIR	62	12.3	280	84	3.33	1.5	5
1979 150 x 3 1/4 1/2 to 70	7 1/2	1.0	AIR	61	13.5	302	92	3.30	1.7	25
SAVOURY STEAK FINGERS										
1974 100 x 2 1/4 1/2 to 50	7	0.5	NIT	58	9.9	208	50	4.21	1.2	18
1977 120 x 4/2 to 60	6 1/2	0.5	AIR	64	10.9	258	64	4.08	1.4	6
1979 150 x 1 1/2 3/4 to 70	7	1.0	AIR	63	10.9	255	81	3.14	1.4	27
BEEF AND ONIONS										
1974 100 x 4/3 1/2 to 50	7 1/4	0.5	NIT	64	11.2	261	55	4.73	1.1	17
1977 120 x 4/3 to 60	7	0.5	AIR	64	10.8	256	57	4.48	1.4	7
1979 150 x 3 1/4 1/2 to 60	7 1/4	1.0	AIR	62	11.3	258	70	3.67	1.0	33
ROAST PORK AND GRAVY										
1974 100 x 4/3 1/2 to 50	7 1/4	0.5	NIT	58	6.9	147	59	2.47	1.1	15
1977 120 x 1 1/2 to 50	7	0.5	AIR	64	8.1	191	75	2.55	1.6	6
1979 125 x 3 3 to 70	6	1.0	AIR	59	8.6	191	79	2.42	0.7	21

* NIT Nitrogen

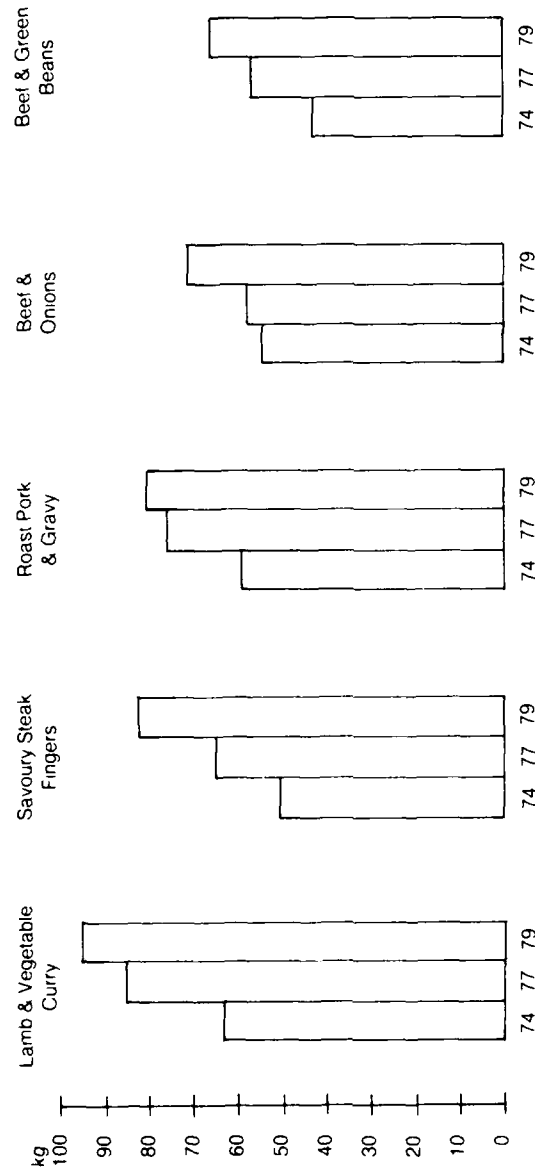
APPENDIX 10
CHEMICAL AND MICROBIOLOGICAL ANALYSIS OF FREEZE DRIED MEALS — POUCHED
SAMPLES — 1979

	Beef & Beans	Lamb & Vege Curry	Savoury Steak Fingers	Beef & Onions	Roast Pork & Gravy
Moisture %	2.1	2.1	1.1	1.7	1.1
Fat %	21	23	10	11	24
Ash %	6.3	4.2	8.7	6.7	5.4
Protein %	57	51	61	59	66
*CHO's %	13	19	19	21	4
Salt %	3.5	1.2	5.2	3.7	2.4
Thiamin mg/100g	0.2	—	0.2	0.2	0.9
Ascorbic Acid mg/100g	21	15	24	14	19
Energy kJ/100g	1960	2040	1730	1760	2060
Standard Plate Count/g	10-3,600	70-15,000	10-6,000	10-1,100	30-48,000
(mean S.P.C./g)	320	3240	710	100	2630
Coliforms/g	<1	<1	<1.4	<1	<1-21
E. Coli Type I/g	<1	<1	<1	<1	<1-18
Yeasts/g	<1-4	<1	<1	<1-4	<1-480
Moulds/g	<1-5	<1-7	<1-3	<1-2	<1-1
Coagulase Positive					
Staphylococci/g	<3-23	<3	<3	<3-4	<3-93
Salmonella in 25g	Absent	Absent	Absent	Absent	Absent

* CHO = Carbohydrate

APPENDIX 11

COMPARISON OF AVERAGE DRY PRODUCT YIELD PER BATCH — FREEZE DRIED MEALS 1974, 1977, & 1979



Dry product yield / batch kg

1974	61 (1)	50 (1)	59 (1)	55 (1)	43 (1)
1977	84 (1 38)	64 (1 28)	75 (1 27)	57 (1 04)	56 (1 30)
1979	92 (1 51)	81 (1 62)	79 (1 34)	70 (1 27)	65 (1 51)

() Brackets indicate comparative yield from year to year for each product

APPENDIX 12

TYPICAL FREEZE DRYER OPERATING COST PER BATCH 1979 (AT 1981 COSTS)

- Basis - Single 8hr shift operation
 - 220 days p.a.
 - 1981 costs
 * semi variable depending on meal being freeze dried

	\$	%
Depreciation at 15% on \$260,000	177	68
Heating energy *	4	1
Other power costs including freezing and low humidity at 40c kw hr *	23	9
Freeze dryer operator 2 hr at \$8/hr	16	6
Other operator costs 3 hr at \$5/hr	15	6
Labour on-costs at 25 %	7	3
Supervision quality control	12	5
Maintenance utilities	5	2
	<u>259</u>	<u>100</u>

APPENDIX 13

PROCESSING AND MATERIAL COSTS FOR FREEZE DRIED MEALS

1979 (AT 1981 COSTS) c/POUCH

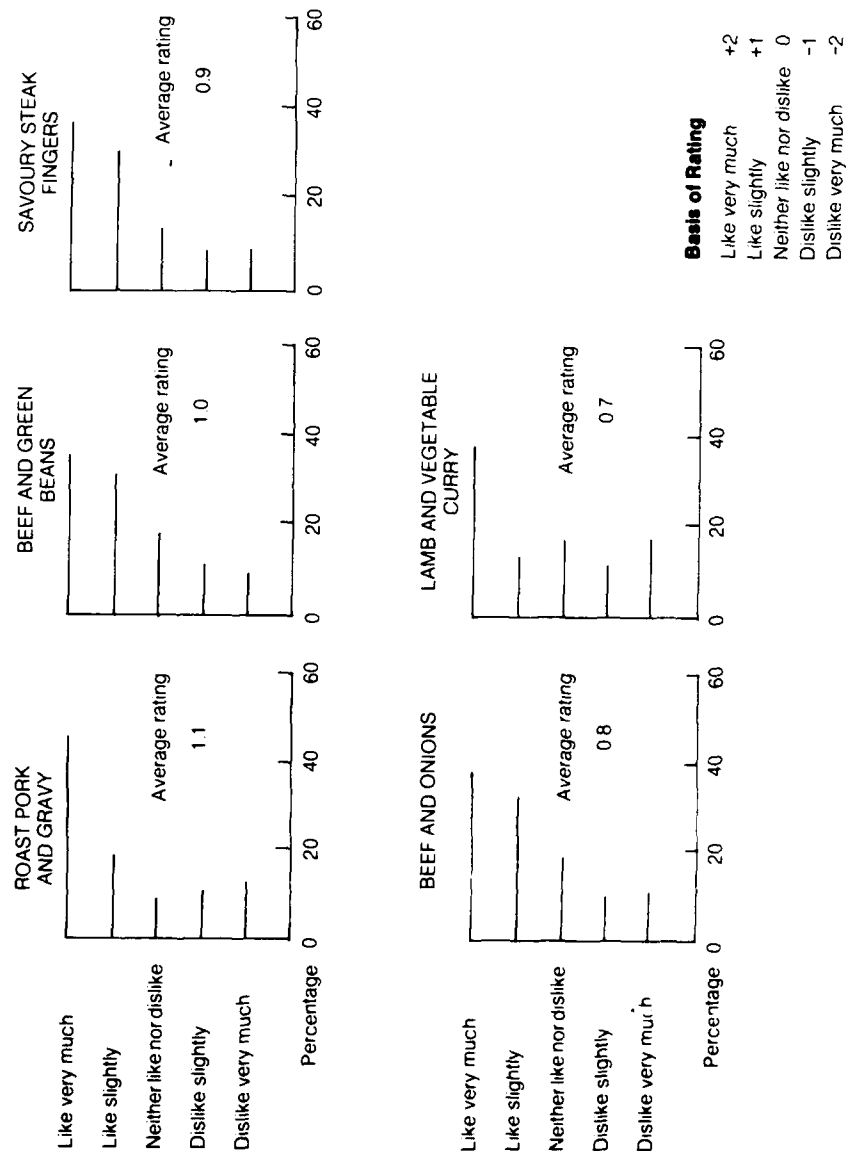
FREEZE DRIED MEAL 110g POUCH	F D YIELD kg	MATERIAL COSTS	PREPARATION & PACKAGING LABOUR COSTS	FREEZE DRYING COST	TOTAL COST PER POUCH*
Beef & Green Beans	65	87.6	36.1	43.8	167.5
Lamb & Vegetable Curry	92	105.4	35.4	30.9	171.7
Savoury Steak Fingers	81	88.0	62.5	35.1	185.6
Beef & Onions	70	87.7	80.0	40.7	208.4
Roast Pork & Gravy	79***	225.4	65.6	37.1**	328.1

* Only includes costs listed in table to illustrate the relative cost of the major cost elements
 Packaging costs are similar for each meal except for pork and gravy which required combination of pork and gravy at pouch packing operation

** Gravy dried separately

*** Preparation area limitation

APPENDIX 14
FIELD EVALUATION OF ACCEPTABILITY OF AUSTRALIAN RATION PACKS 1974-1977



APPENDIX 15
PROCESSING COSTS FOR FREEZE DRIED MEALS
1974, 1977, & 1979 (AT 1981 COSTS) ¢/POUCH

YEAR	1974	1977	1979
Beef & Green Beans	66.3 (1)	50.8 (0.77)	43.8 (0.66)
Lamb & Vegetable Curry	46.7 (1)	33.9 (0.73)	30.9 (0.66)
Savoury Steak Fingers	57.0 (1)	44.5 (0.78)	35.1 (0.62)
Beef & Onions	51.8 (1)	50.0 (0.96)	40.7 (0.79)
Roast Pork & Gravy	49.6 (1)	39.0 (0.79)	37.1 (0.75)

() Brackets indicate comparative ratio of cost from year to year.

DEFENCE ESTABLISHMENTS

No OF
COPIES

Department of Defence Support
Anzac Park West
CANBERRA ACT 2600

- (a) Secretary 1
- (b) Deputy Secretary 1

Department of Defence
Campbell Park Offices
CANBERRA ACT 2600

- (a) Chief Defence Scientist 1
- (b) Deputy Chief Defence Scientist 1
- (c) J10 (DDSTI) 1
- (d) CPAS 1
- (e) Counsellor Defence Science — Washington 1
- (f) Defence Science Representative — London 1
- (g) Superintendent Science & Technology Programs 1
- (h) Defence Information Services Branch 16
- (i) Defence Central Library 1

Department of Defence (Army Office)
Russell Offices

CANBERRA ACT 2600

- (a) Chief of Logistics 1
- (b) Chief of Materiel 1
- (c) Director General of Logistic Development and Plans 1
- (d) Director General of Materiel 1
- (e) Director General of Supply 2
- (f) Director General of Army Health Services 2
- (g) Director of Infantry 1
- (h) Director of Catering 1
- (i) Scientific Adviser — Army 1

Department of Defence (Air Force Offices)
Russell Offices

CANBERRA ACT 2600

- (a) Air Force Scientific Adviser 1
- (b) Director of Catering & Services (DCATSERV-AF) 2

Headquarters
3 Military District
Victoria Barracks
MELBOURNE Victoria 3000

Headquarters
4 Military District
Kewick Barracks
ADELAIDE SA 5035

Headquarters
5 Military District
Irwin Barracks
KARRAKATTA WA 6010

Headquarters
6 Military District
Anglesea Barracks
HOBART Tasmania 7002

Headquarters
7 Military District
Larrakeyah Barracks
DARWIN NT 5790

Royal Military College
DUNTROON ACT 2600

DEFENCE ESTABLISHMENTS Cont'd.

No OF
COPIES

- (a) The Librarian
Bridges Memorial Library 1
- (b) The Faculty Admin Offr
Faculty of Military Studies 1

Commandant
Australian Staff College
FORT QUEENSCLIFFE Victoria 3255

Commanding Officer Chief Instructor
RAAOC Centre
Milpo
BANDIANA Victoria 3662

Headquarters
Land Warfare Centre
Kokoda Barracks
CANUNGRA Queensland 4275

Commandant
RAAF Staff College
RAAF Base
Fairbairn
CANBERRA ACT 2600

Director
Institute of Aviation Medicine
POINT COOK RAAF Victoria 3029

Senior Librarian
Aeronautical Research Laboratories
P O Box 4331
MELBOURNE Victoria 3001

Senior Librarian
Defence Research Centre
GPO Box 2151
ADELAIDE SA 5001

Senior Librarian
Materials Research Laboratory
Cordite Avenue
MARIBYRNONG Victoria 3032

Joint Tropical Trials and Research
Establishment
P O Box 941
INNISFAIL Queensland 4860

Directorate of Fleet Supply Services
Department of Defence (Navy Office)
Campbell Park (CP3-1-5)
CANBERRA ACT 2600

Headquarters
Field Force Command
Victoria Barracks
PADDINGTON NSW 2021

Headquarters
Logistic Command
St James Plaza
GPO Box 1932R
MELBOURNE Victoria 3001

Headquarters
Training Command
Victoria Barracks
PADDINGTON NSW 2021

Headquarters Operational Command
(Staff Officer Catering)
RAAF
PENRITH NSW 2750

DEFENCE ESTABLISHMENTS Cont'd.No. OF
COPIES

Headquarters
Support Command (CEO4 E41)
RAAF
Defence Centre
366 St Kilda Road
MELBOURNE Victoria 3001

Headquarters
1 Military District
Victoria Barracks
BRISBANE Queensland 4000

Headquarters
2 Military District
Victoria Barracks
SYDNEY NSW 2000

CIVILIAN ESTABLISHMENTSNo. OF
COPIES

Secretary
ADFFSC
Department of Primary Industry
P.O. Box 4488
CANBERRA A.C.T. 2600

The Librarian
CSIRO
Tasmanian Regional Laboratory
Stowell Avenue
HOBART Tasmania 7000

The Librarian
CSIRO Division of Food Research
P.O. Box 52
NORTH RYDE NSW 2113

The Librarian
CSIRO Dairy Research Laboratory
P.O. Box 20
HIGHTETT Victoria 3190

Library
Dept of Science & Technology
P.O. Box 65
BELCONNEN A.C.T. 2616

Aust Govt Analyst
Dept of Science & Technology
P.O. Box 65
BELCONNEN A.C.T. 2616

Director
Antarctic Division
Dept of Science & Technology
KINGSTON Tasmania 7150

The Central Library
Department of Health
P.O. Box 100
WODEN A.C.T. 2606

DR R. C. Hutchinson
Derwentlaken Road
OTAGO Tasmania 7402

State Library of Tasmania
91 Murray Street
HOBART Tasmania 7000

(a) Tasmanian Collection
(b) Serials Section

Serials Section
State Library of Queensland
William Street
BRISBANE Queensland 4000

CIVILIAN ESTABLISHMENTS Cont'd.No. OF
COPIES

Reference Section
Hellyer Regional Library
Alexander Street
BURNIE Tasmania 7320

Head
Food School
East Sydney Technical College
Forbes Street
DARLINGHURST NSW 2010

Professor R. A. Edwards
Head
School of Food Technology
University of New South Wales
KENSINGTON NSW 2033

Preliminary Processing
National Library of Australia
CANBERRA A.C.T. 2600

Serials
Biomedical Library
University of New South Wales
KENSINGTON NSW 2033

The Medical Library
Flinders University of South Australia
BEDFORD PARK South Australia 5042

OVERSEAS ESTABLISHMENTSNo. OF
COPIES**BRITAIN**

Australian Army Representative
Australia House
Strand
LONDON WC2B 4LA England

Director of Supplies of Transport (FMV)
Section 82B Room 1235
Ministry of Defence
Empress State Building
LONDON SW6 1TR England

Adviser in Nutrition
AMD5 (Army Dept) Ministry of Defence
Landsdown House Berkeley Square
LONDON W1 England

Deputy Chief Scientist (Army)
SAG (A) sb
Ministry of Defence
Main Building Whitehall
LONDON SW 1A2HB England

The Director
Army Personnel Research Establishment
C - Royal Aircraft Establishment
FARNBOROUGH Hants England

The Information Officer
British Food Manufacturing Industries
Research Association
Randalls Road Leatherhead
SURREY KT22 7RY England

The Librarian
Food Research Institute
Colney Lane
Norwich
NORFOLK NR4 7UA England

OVERSEAS ESTABLISHMENTS Cont'dNo. OF
COPIES

Superintendent
Foods and Nutrition Division
Laboratory of the Government Chemist
Corney Hall, Stamford Street
LONDON SE1 9NQ, England

6

The Librarian
A.R.C. Meat Research Institute
Langford Bristol BS18 7DY
England

1

Dr. D. J. McWherry
Ministry of Agriculture, Fisheries & Food
Food Laboratory, Halden House
Queen Street
NORWICH Norfolk NR2 4SK
England

1

The Librarian
National College of Food Technology
University of Reading
St. George Avenue, Weybridge
SURREY, England

1

The Director
Tropical Products Institute
Gray's Inn Road
LONDON WC1X 8LU, England

1

CANADA

National Defence Headquarters
101 Colonel By Drive Ottawa, Ontario K1A 0K2

(a) D. Food S

2

(b) DCGEM 3

1

(c) NDHQ Main Library

1

SRI LANKA

Director
Food Research and Nutrition Council
Chief Food Commissioner
Union Place
COLOMBO, Sri Lanka

1

FEDERAL REPUBLIC OF GERMANY

Armed Services Food Chemist
89 Supply Depot RAOC (BF PO 40)
Viersen
Federal Republic of Germany

1

GHANA

Defence Adviser
Ghana High Commission
13 Belgrave Square
LONDON SW1X 8PR, England

2

INDIA

Director General
Research and Development Organisation
Ministry of Defence
New Delhi 11
The Director
Defence Food Research Laboratory
Jyothi Nagar
MYSORE 570 010, India

2

2

MALAYSIA

Director
Defence Research Centre
Ministry of Defence
Rife Range Road
KUALA LUMPUR, Malaysia

4

OVERSEAS ESTABLISHMENTS Cont'dNo. OF
COPIES**NEW ZEALAND**

Director
Defence Scientific Establishment
Nava Base Post Office
AUCKLAND, New Zealand

1

Assistant Chief Defence Staff
Defence Headquarters
Private Bag
WELLINGTON, New Zealand

1

DTMC
RNZCT Directorate
HQ NZ Land Forces
Private Bag
TAKAPUNA, Auckland, N.Z.

1

PAPUA NEW GUINEA

Headquarters
Australian Defence Cooperation Group
(HQ ADCG)
P.O. Box 2270
KONEDOBU, Port Moresby

3

PHILIPPINES

Science Research Supervisor
Food Research Division
Food and Nutrition Research Institute
MANILA, Philippines

1

UNITED STATES OF AMERICA

Chief
Food and Nutrition Section
NASA - Manned Spacecraft Center
HOUSTON, Texas

1

Director
U.S. Army Natick Laboratories
(Food Laboratory)
NATICK, Massachusetts, U.S.A.

2

END

DATE
FILMED

9 - 83

DTI